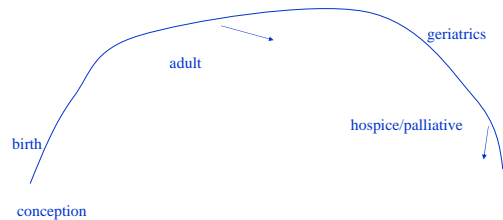


Behavioral and Psychological Symptoms of Dementia (BPSD)

- Gerard S Brungardt, MD, BeL
- Harry Hynes Memorial Hospice
- UKSM-W

Life Phases and Palliative Care



BPSD

- agitation
- difficult behaviors
- apathy
- depression
- anxiety
- delusions
- irritability
- disinhibition

BPSD

- Assessment – ABC's
- Antecedent
- Behavior
- Consequence

BPSD

- Antecedent
 - pre-morbid personality
 - triggering events
 - changes in daily routine
 - interpersonal conflict
 - emotional/physical stressors
 - minimize/remove

BPSD

- Behavior
 - what exactly is the behavior?
 - who/what/when/where/why etc
 - consider diary to establish baseline for improvement

BPSD

- Consequences
 - How do caregivers/others react to reinforce/deter the behavior
 - What happens when the activity ceases

BPSD

- address each ...
 - Antecedents
 - Behavior
 - Consequences
- set realistic goals ...

BPSD

- in general, these are behavioral issues and require behavioral interventions ... (not drugs)
- Safety – control risks -
- Serenity – avoid frustration, anger
- Structure – routine, habits
- Sanity – caregiver support/respite

BPSD

- Managing agitation and difficult behavior in dementia; Gray, Kevin F. Clinics in Geriatric Medicine. 20(2004): 69-82
- Kennedy, GJ in Geriatric Medicine ed. Cassel 1086-1092.